PRM 498 Senior Seminar
Self-Evaluation Form

Your name: _____

After completing your mock interview, please comment on the following and return to the course instructor:

Your interviewer: _____

Position you applied for: _____

- **How would you assess the first impression you gave?**

	Good	Needs Improvement	
Introduction	☐	☐	**Why?** _____
Appearance	☐	☐	**Why?** _____
Handshake	☐	☐	**Why?** _____
Eye Contact	☐	☐	**Why?** _____
Body Language	☐	☐	**Why?** _____
Mannerisms			_____

- **Identify a question you were asked where you tried to answer by a) describing your skills and b) proving by example.**

  Question you were asked: _____

  _____

  ___

  Skill(s) you identified: _____

  _____

  ___

  Example(s) you provided using that skill(s): _____

  _____

  ___

- **a) What was the hardest question you were asked?** _____

  _____

  _____

- **b) Why?** _____

  _____

  _____

  ___

- **c) How did you answer it?** _____

  _____

  _____

  ___

- **d) How could you answer it better next time?** _____

  _____

  _____

  _____

- **What do you feel was the best thing you did during the interview? Why?** __

  _____

- **What was the worst thing? Why?** _____

- **What feedback did you receive on your interview skills?**

- **How do you plan to improve in this area in the future?**

- **What comments did you get on your resumé?** _____

- **What is the most important thing you've learned overall from doing this mock interview today? Why?**_____

- **Anything else you want to comment on?** _____