

MAT 136 (Calculus I) Prof. Swift
 In-class worksheet: The method of u -substitution

1. Evaluate the indefinite integral using the substitution $u = x^2 + 3$.

$$\int x \sec^2(x^2 + 3) dx = \frac{1}{2} \int \sec^2(u) du = \frac{1}{2} \tan(u) + C = \frac{1}{2} \tan(x^2 + 3) + C$$

$u = x^2 + 3$

$du = 2x dx, \text{ so } x dx = \frac{1}{2} du$

2. Evaluate the indefinite integral using the substitution $u = \cos(x)$.

$$\int \tan(x) dx = \int \frac{\sin(x)}{\cos(x)} dx = \int \frac{1}{u} (-du) = - \int \frac{1}{u} du = -\ln|u| + C$$

$u = \cos(x)$

$du = -\sin(x) dx$

3. Evaluate the indefinite integral using the substitution $u = e^{2x}$.

$$\int \frac{e^{2x}}{1 + e^{4x}} dx = \int \frac{\frac{1}{2} du}{1 + u^2} = \frac{1}{2} \int \frac{1}{1+u^2} du = \frac{1}{2} \arctan(u) + C$$

$u = e^{2x}, e^{4x} = (e^{2x})^2 = u^2$

$du = 2e^{2x} dx, e^{2x} dx = \frac{1}{2} du$